PRELIMINARY 2023-2024 In-House Practice Schedule*			
Program	Juniors (8-12u)	Middle School (13-14u)	High School (15-16u)
Practices Times	9:00AM-10:30AM	10:30AM-12:00PM	9:00AM-10:30AM
Saturday, November 18, 2023	Practice	Practice	Practice
Saturday, November 25, 2023	NO Practice	NO Practice	NO Practice
Saturday, December 2, 2023	Practice	Practice	Practice
Saturday, December 9, 2023	Practice	Practice	Practice
Saturday, December 16, 2023	Practice	Practice	Practice
Saturday, December 23, 2023	NO Practice	NO Practice	NO Practice
Saturday, December 30, 2023	NO Practice	NO Practice	NO Practice
Saturday, January 6, 2024	Practice	Practice	Practice
Saturday, January 13, 2024	Practice	Practice	Practice
Saturday, January 20, 2024	Kidz Power 1 - Rock Hill, SC	In-House Only Scrimmages w/ Reffing	In-House Only Scrimmages w/ Reffing
		@ C1 Sportsplex	@ C1 Sportsplex
Saturday, January 27, 2024	Practice	Practice	Practice
Saturday, February 3, 2024	Kidz Power 2 - Rock Hill, SC	Practice	Practice
Saturday, February 10, 2024	Practice	Practice	Practice
Saturday, February 17, 2024	Practice	Scrimmage with 13/14 State/Regional	Scrimmage with 15/16 Regional
		No Official Reffing; @ C1 Sportsplex	No Official Reffing; @ C1 Sportsplex
Saturday, February 24, 2024	Practice	Practice	Practice
Saturday, March 2, 2024	N/A	In-House Only Scrimmages w/ Reffing	In-House Only Scrimmages w/ Reffing
		@ C1 Sportsplex	@ C1 Sportsplex
Sunday, March 3, 2024	Kidz Power 4 - Rock Hill, SC	N/A	N/A
Saturday, March 9, 2024	Practice	C1 Challenge - Upstate, SC	Stars Shamrock Challenge, Spartanburg, SC
Sunday, March 10, 2024	N/A	C1 Challenge - Upstate, SC	Stars Shamrock Challenge, Spartanburg, SC
Saturday, March 16, 2024	Last Practice	Last Practice	Last Practice

^{*} Subject to change based on finalization of Travel Teams schedules